Water based deseases : Protozoal infections

| Disease and Transmission | Microbial Agent | Sources of Agent in Water Supply | General Symptoms |
|---|--|--|--|
| Amoebiasis (hand-to-mouth) | Protozoan (<u>Entamoeba</u> <u>histolytica</u>) (Cyst- like appearance) | <u>Sewage, non-treated</u> <u>drinking water, flies</u> in water supply | Abdominal discomfort, <u>fatigue</u> , weight loss, <u>diarrhoea</u> , <u>bloating</u> , <u>fever</u> |
| <u>Cryptosporidiosis</u> (oral) | Protozoan (<u>Cryptosporidium</u> <u>parvum</u>) | Collects on water filters and membranes that cannot be <u>disinfected</u> , <u>animal manure</u> , seasonal <u>runoff</u> of water. | Flu-like symptoms, watery diarrhea, loss of appetite, substantial loss of weight, <u>bloating</u> , increased gas, <u>nausea</u> |
| Cyclosporiasis | Protozoan parasite (<u>Cyclospora</u> <u>cayetanensis</u>) | <u>Sewage, non-treated</u> <u>drinking water</u> | <u>cramps</u> , nausea, <u>vomiting</u> , muscle aches, fever, and fatigue |
| Giardiasis (fecal- oral) (hand-to- mouth) | Protozoan (<u>Giardia</u> <u>lamblia</u>) Most common intestinal parasite | Untreated water, poor disinfection, pipe breaks, leaks, groundwater contamination, <u>campgrounds</u> where humans and wildlife use same source of water. <u>Beavers</u> and <u>muskrats</u> create <u>ponds</u> that act as <u>reservoirs</u> for Giardia. | Diarrhea, abdominal discomfort, <u>bloating</u> , and <u>flatulence</u> |
| <u>Microsporidiosis</u> | Protozoan phylum (<u><i>Microsporidia</i></u>), but closely related to <u>fungi</u> | <u>Encephalitozoon</u> <u>intestinalis</u> has been detected in <u>groundwater</u> , the origin of drinking water ^[5] | Diarrhea and <u>wasting</u> in <u>immunocompromised</u> individuals |

Parasitic infections (Kingdom Animalia)

| Disease and species | Microbial Agent | Sources of Agent in Water Supply | General Symptoms |
|---|--|--|--|
| Schistosomiasis (immersion) | Members of the genus <u>Schistosoma</u> | Fresh water contaminated with certain types of snails that carry <u>schistosomes</u> | Blood in urine (depending on the type of infection), rash or itchy skin. Fever, chills, cough and muscle aches |
| Dracunculiasis (Guinea Worm Disease) | <u>Dracunculus</u> <u>medinensis</u> | Stagnant water containing larvae, generally in parasitised Copepoda | Allergic reaction, <u>urticaria</u> rash, nausea, vomiting, diarrhea, asthmatic attack. |
| Taeniasis | Tapeworms of the genus <u>Taenia</u> | Drinking water contaminated with eggs | Intestinal disturbances, neurologic manifestations, loss of weight, <u>cysticercosis</u> |
| <u>Fasciolopsiasis</u> | <u>Fasciolopsis</u> <u>buski</u> | Drinking water contaminated with encysted metacercaria | GIT disturbance, diarrhea, liver enlargement, cholangitis, cholecystitis, obstructive jaundice. |
| Hymenolepiasis (Dwarf Tapeworm Infection) | <u>Hymenolepis</u> <u>nana</u> | Drinking water contaminated with eggs | Abdominal pain, severe weight loss, itching around the anus, nervous manifestation |
| Echinococcosis (Hydatid disease) | <u>Echinococcus</u> granulosus | Drinking water contaminated with feces (usually <u>canid</u>) containing eggs | Liver enlargement, hydatid cysts press on <u>bile duct</u> and blood vessels; if cysts rupture they can cause <u>anaphylactic shock</u> |
| <u>coenurosis</u> | multiceps multiceps | contaminated drinking water with eggs | increases intacranial tension |
| <u>Ascariasis</u> | <u>Ascaris</u> <u>lumbricoides</u> | Drinking water contaminated with feces (usually canid) containing eggs | Mostly, disease is asymptomatic or accompanied by <u>inflammation</u> , fever, and diarrhea. Severe cases involve <u>Löffler's syndrome</u> in lungs, nausea, vomiting, <u>malnutrition</u> , and <u>underdevelopment</u> . |
| Enterobiasis | <u>Enterobius</u> <u>vermicularis</u> | Drinking water contaminated with eggs | Peri-anal itch, nervous irritability, hyperactivity and <u>insomnia</u> |

Bacterial infections

| Disease and Transmission | Microbial Agent | Sources of Agent in Water Supply | General Symptoms |
|--------------------------------|---|---|---|
| <u>Botulism</u> | <u>Clostridium</u> <u>botulinum</u> | Bacteria can enter an open wound from contaminated water sources. Can enter the gastrointestinal tract by consuming contaminated <u>drinking</u> <u>water</u> or (more commonly) food | Dry mouth, <u>blurred</u> and/or <u>double vision</u> , difficulty swallowing, muscle weakness, difficulty breathing, slurred speech, <u>vomiting</u> and sometimes <u>diarrhea</u> . Death is usually caused by <u>respiratory</u> <u>failure</u> . |
| <u>Campylobacteriosis</u> | Most commonly caused by <u>Campylobacter</u> <u>jejuni</u> | Drinking water contaminated with <u>feces</u> | Produces <u>dysentery</u> like symptoms along with a <u>high fever</u> . Usually lasts 2–10 days. |
| <u>Cholera</u> | Spread by the bacterium <u>Vibrio</u> <u>cholerae</u> | Drinking water contaminated with the bacterium | In severe forms it is known to be one of the most rapidly fatal illnesses known. Symptoms include very watery diarrhea, <u>nausea, cramps, nosebleed,</u> rapid <u>pulse</u> , vomiting, and <u>hypovolemic shock</u> (in severe cases), at which point death can occur in 12–18 hours. |
| <u>E. coli Infection</u> | Certain strains of <u>Escherichia coli</u> (commonly <i>E. coli</i>) | Water contaminated with the bacteria | Mostly diarrhea. Can cause death in <u>immunocompromised</u> individuals, the very young, and the elderly due to <u>dehydration</u> from prolonged illness. |
| <u>M. marinum</u> infection | <u>Mycobacterium</u> <u>marinum</u> | Naturally occurs in water, most cases from exposure in <u>swimming</u> <u>pools</u> or more frequently <u>aquariums</u> ; rare infection since it mostly infects <u>immunocompromised</u> individuals | Symptoms include <u>lesions</u> typically located on the elbows, knees, and feet (from <u>swimming pools</u>) or lesions on the hands (<u>aquariums</u>). Lesions may be painless or painful. |

| <u>Dysentery</u> | Caused by a number of species in the genera <i>Shigella</i> and <i>Salmonella</i> with the most common being <i>Shigella</i> <i>dysenteriae</i> | Water contaminated with the bacterium | Frequent passage of <u>feces</u> with <u>blood</u> and/or <u>mucus</u> and in some cases vomiting of blood. |
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| Legionellosis (two distinct forms: Legionnaires' disease and Pontiac fever) | | Contaminated water: the organism thrives in warm aquatic environments. | Pontiac fever produces milder symptoms resembling acute <u>influenza</u> without <u>pneumonia</u> . Legionnaires' disease has severe symptoms such as <u>fever</u> , <u>chills</u> , pneumonia (with cough that sometimes produces <u>sputum</u>), <u>ataxia</u> , <u>anorexia</u> , muscle aches, <u>malaise</u> and occasionally diarrhea and vomiting |
| <u>Leptospirosis</u> | Caused by bacterium of genus Leptospira | Water contaminated by the animal urine carrying the bacteria | Begins with <u>flu-like</u> <u>symptoms</u> then resolves. The second phase then occurs involving <u>meningitis</u> , <u>liver</u> damage (causes <u>jaundice</u>), and <u>renal failure</u> |
| Otitis Externa (swimmer's ear) | | Swimming in water contaminated by the responsible pathogens | Ear canal swells causing pain and tenderness to the touch |
| <u>Salmonellosis</u> | Caused by many bacteria of genus <u>Salmonella</u> | Drinking water contaminated with the bacteria. More common as a food borne illness. | Symptoms include <u>diarrhea</u> , <u>fever</u> , vomiting, and abdominal cramps |
| <u>Typhoid fever</u> | <u>Salmonella typhi</u> | Ingestion of water contaminated with <u>feces</u> of an infected person | Characterized by sustained fever up to 40°C (104°F), profuse <u>sweating</u> , diarrhea may occur. Symptoms progress to <u>delirium</u> and the <u>spleen</u> and <u>liver</u> enlarge if untreated. In this case it can last up to four weeks and cause death.Some people with typhoid fever develope a rash called "rose spots" which are small red spots on the abdomen and chest. |
| Vibrio Illness | <u>Vibrio vulnificus</u> , | Can enter <u>wounds</u> from | Symptoms include |

<u>Vibrio</u> <u>alginolyticus</u>, and <u>Vibrio</u> <u>parahaemolyticus</u> contaminated water. Also got by drinking contaminated water or eating undercooked <u>oysters</u>. Abdominal tenderness, Agitation, Bloody stools, Chills, Confusion, Difficulty paying attention(attention deficit), Delirium, Fluctuation mood, Hallucination, Nosebleeds, Severe fatigue, slow, sluggish, lethargic feeling, weakness.

Viral infections

| Disease and Transmission | Microbial Agent | Sources of Agent in Water Supply | General Symptoms |
|---|--|--|--|
| SARS (Severe Acute Respiratory Syndrome) | <u>Coronavirus</u> | Manifests itself in improperly treated water | Symptoms include <u>fever</u> , <u>myalgia</u> , <u>lethargy</u> , <u>gastrointestinal</u> symptoms, <u>cough</u> , and sore throat |
| <u>Hepatitis A</u> | Hepatitis A virus (HAV) | Can manifest itself in water (and food) | Symptoms are only <u>acute</u> (no <u>chronic</u> stage to the virus) and include <u>Fatigue</u> , fever, abdominal pain, nausea, diarrhea, weight loss, itching, <u>jaundice</u> and <u>depression</u> . |
| <u>Poliomyelitis</u> (Polio) | <u>Poliovirus</u> | | 90-95% of patients show no symptoms, 4-8% have minor symptoms (comparatively) with <u>delirium, headache, fever</u> , and coccasional <u>seizures</u> , and <u>spastic</u> <u>paralysis</u> , 1% have symptoms of non- paralytic <u>aseptic meningitis</u> . The rest have serious symptoms resulting in <u>paralysis</u> or death |
| Polyomavirus infection | Two of <u>Polyomavirus</u> : <u>JC virus</u> and <u>BK</u> <u>virus</u> | Very widespread, can manifest itself in water, ~80% of the population has <u>antibodies</u> to Polyomavirus | BK virus produces a mild <u>respiratory</u> <u>infection</u> and can infect the <u>kidneys</u> of <u>immunosuppressed transplant</u> patients. JC virus infects the <u>respiratory system</u> , kidneys or can cause <u>progressive</u> <u>multifocal leukoencephalopathy</u> in the <u>brain</u> (which is fatal). |